

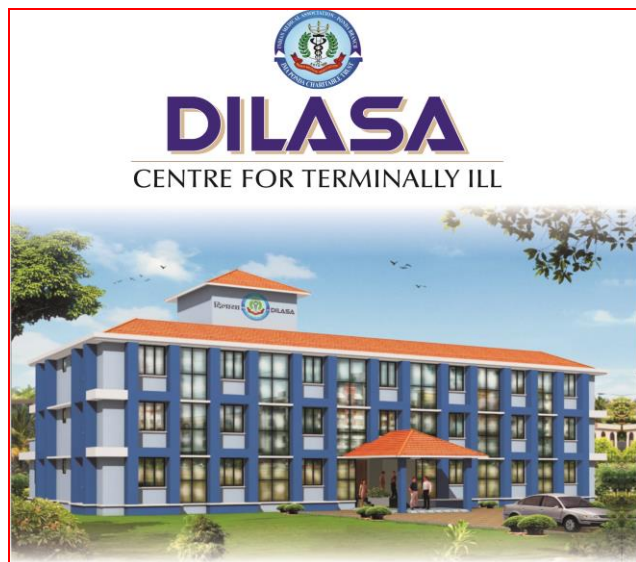
INDIAN MEDICAL ASSOCIATION – PONDA BRANCH
IMA PONDA CHARITABLE TRUST

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DILASA – Project status as on 30.04.2018

DILASA



DILASA - A Project of Indian Medical Association and promoted by IMA Ponda Charitable Trust .

A Centre for Terminally ill has been built exclusively through donations from members of the medical fraternity as well as large-hearted individuals and organisations, all of whom understand the need for an institution to provide End of Life Care .

What prompted IMA to form a TRUST

Team IMA Ponda with its rich experience in community Health activities thought of having a long term Committee comprising of Senior IMA members to carry out service projects. With this objective IMA Ponda Charitable Trust was formed. The trust decided to acquire Land, possess its own buildings and prepared a Master Plan and to be completed in three stages as under

PHASES OF IMA PROJECTS

PHASE - I **DILASA – Centre for Terminally ill .**

PHASE – II **COTTAGES - Centre for Geriatric and Ambulatory Terminally ill.**

PHASE – III **Convention Centre with Training facilities in Multidisciplinary specialties.**

The phase I of the project is now nearing completion and would be operational within a couple of months. This project aims at providing care to the terminally ill patients, who are unable to be managed at home and in other hospitals. Being an inpatient facility we have all the provisions as any of the hospitals.

Personnel involved in running the institution:

A resident doctor would be available all 24 hours a day, to supervise the care of the inmates, as well as to handle any emergencies that may arise. Some of the IMA members have also expressed interest to volunteer and spend some time looking after the inmates.

A team of qualified nursing staff would be caring for the inmates. The doctors and the nurses will be trained by members of the Indian Association of Palliative Care (IAPC), to give specialised care that is required in the treatment of such patients. These training sessions, which will be conducted from time-to-time, will also be open to relatives of patients and to the general public, who become members of IAPC.

A Full time counselor will be available at the facility, and will counsel the inmates and the relations. Similarly a Physiotherapist will also be available.

Dietician will be appointed to plan the diet for the patients tailored to their requirements.

A well-qualified administrative staff will look after the smooth running of the facility. A dedicated Medical records Department, Accounts department, an H R department, Housekeeping departments will be actively managing the day to day running of the facility.

There will be maintenance staff to look after the various equipments.

Trust has formed a separate “ Dilasa – Managing Committee ” to look in to day to day administrative matters , obtain professional expertise from various fields and raise Corpus for starting and running of Dilasa .

PAIN MANAGEMENT AND PALLIATIVE CARE SERVICES BY IMA

IMA Trust would be providing the above services in following ways.

- 1. Establish Palliative Care Centre to provide outpatient Palliative Care.**
- 2. Provide full-fledged Palliative Care and Pain Management facilities for DILASA inmates.**
- 3. Provide Domiciliary Palliative Care and Pain Management facilities for patients who cannot be admitted or not requiring admission at Dilasa**
- 4. Train the Trainers.**

5. Provide ongoing Training for Nurses, paramedics, Volunteers and relatives of patients in patient care.

CONTRIBUTIONS & FUNDING

IMA Ponda with initial contribution from its own members raised the structure up to 1st floor. As the work progressed IMA members from other branches, relatives, well-wishers and philanthropists came forward with their donations to the best of their ability.

Donors are classified in various categories on the basis of Corpus Donations.

IMA has been fortunate enough to get financial support from the donors in various categories.

CATEGORY	DONATION AMOUNT	NO. OF DONORS	AMOUNT DONATED
Philanthropist	Rs.25,00,000 and above	Four	Rs. 1,00,00,000 /-
Patron	Rs. 10,00,000 and above	Four	Rs. 31,50,000 /-
Pillar	Rs. 5,00,000 and above	Three	Rs. 15,00,000 /-
Life Donor	Rs. 3,00,000 and above	Eleven	Rs. 37,97,001 /-
Life Associate	Rs. 1,00,000 and above	Forty Four	Rs. 50,84,106 /-
Donor	Rs. 50,000 and above	Twenty Four	Rs. 2,95,751 /-
Well Wisher	Rs. 10,000 and above	Two Hundred Seventeen	Rs. 32,41,202 /-
Yathashakti Donor	Up to Rs. 99,99	Seventy Four	Rs. 2,69,186/-
	Total		Rs.2,73,37,246 /-
Donation under MPLAD Scheme Adv.Narendra Sawaikar , M.P. S. Goa			Rs. 35,00,000 /-

However the project of this magnitude is still in need of another one crore rupees for full completion of the project. The donors could sponsor specific items like hospital furniture (in part or full), certain equipments, ambulance or the hearse van, specific part of the premises like rooms, canteen, elevator and similar parts of the facility.

Provision has been made to retain Reserve Fund, to be utilized in case of paucity of Funds in running of the project.

Apart from the donations towards capital expenditure, IMA would welcome the donations towards running of institutions as under.

GRANT / ITEM SPONSOR	AMOUNT PER MONTH	AMOUNT PER ANNUM
Expenses for one inmate	Rs. 25,000 /-	Rs. 3,00,000 /-
Continuing Medical Education Program	Variable – program based	Variable –program based
Medicines and consumables	Variable – item based	Variable – item based
Maintenance of Ambulance & Hearse van	Rs. 30,000 /-	Rs 3,60,000 /-

Dilasa Structure – Present status as on 30.04.2018

- Almost 95 % of structural work is complete.
- Total RCC work is completed
- Entire Flooring tiles are fixed except for the entrance and foyer area. This will be taken up soon after Elevator (Lift) material is shifted.
- Elevator work is in progress and would be completed in another 4 weeks.
- Electrical wiring, cable work is complete. Temporary electricity connection is obtained
- Plumbing, soak pits and septic tanks work is almost completed. Wash basins, commode and the taps are fixed.
- Structure of ramp and cold room (mortuary) is complete.
- Internal painting work is done. External white wash is done.
- All fittings and fixtures for managing Fire and Emergency is being processed.

DILASA Front view - 30.4.18



Dilasa Rear view 30.4.2018



Licenses :

- Inspection by Town and Country Planning is done. Authorities are satisfied with the work and Completion Certificate (Report) from Ponda TCP is obtained .
- Architect Girish Kelekar and Structural Engineer Prakash Lawande have issued their certificates.
- Team from Health Department visited the site issued NOC
- We are processing the file with Village Panchayat for Occupancy Certificate .
- We are processing the files for obtaining Licenses from the following authorities :
 - a) Goa State Pollution Control Board for Management of Biomedical Waste generated at Dilasa site.
 - b) Directorate of Foods and Drugs Administration to obtain licence for Schedule Drugs
 - c) Directorate of Fire and Emergency Services

- d) Dept. of Electricity for permanent license and erect electric poles around the campus.
- e) Dept. of PWD for permanent Water connection.

Milestones :-

- IMA is the 1st Institution to obtain as much as 1. 25 acres of land from Comunidade of Bandora on lease basis for a Community Health Project.
- Entire Comunidade land i.e. 5,000 square metres has been converted in to Non Agricultural land and Sanad is issued in this regard. Hence other projects at the site can be taken up without any hassles.
- IMA Ponda has gained the support from Members of IMA Ponda and other local Branches, The Goa Cancer Society , our Donors in various categories.

Services to be offered at Dilasa :-

The functioning will be in three Tier systems.

1. Providing Palliative Care Consultations at Out Patient Level
 2. Providing Palliative Care and Pain Management for inpatients at Dilasa.
 3. Providing Domiciliary Palliative Care and Pain Management for those patients who are not admitted .
- Regular Training sessions for Patient's relatives, Nurses and Paramedical staff at Dilasa Doctors and volunteers involved in the project.
 - To allay anxiety, provide entertainment, feelings of well-being with holistic approach and make end of Life comfortable.
 - Counseling for patients and their near ones shall be provided by Clinical Psychologist
 - Diet Menu will be tailor made for individual inmate and decided on the basis of clinical condition by Consultant Dietician.
 - Close relations of inmates shall be provided sitting / resting space and provision of taking food.
 - Medicines including narcotics, consumables and diet supplements at cost to cost unless sponsored or supplied under grant.

IMA is motivating Doctors from Allopathic Medicine & Qualified Nurses to undergo Training in Palliative Care and Pain Management through recognize Palliative Care Centers. Subsequently Training shall be in house and facilities are being created for such a purpose.

Admissions at DILASA:

IMA has set up guidelines for admitting inmates at Dilasa . Standard Operative Procedures (SOPs) have been framed and shall be followed for smooth running of the Institution.

Collaboration with National and International Agencies

Management of IMA Trust has initiated initial correspondence work of establishing its association with the following National & International organisations for Training in Palliative Care and Pain Management , Administrative expertise and getting trained manpower and Financial resources .

1. Pallium India , Trivendrum , Kerala .
2. Indian Association of Palliative Care .
3. Cipla Palliative Care & Training Centre , Pune .
4. Kidwai Memorial Cancer Institute , Bangalore .
5. Karunashraya , Bangalore .
6. Amrita Institute of Medical Sciences , Kerala .
7. Tata Memorial Cancer Institute , Mumbai .
8. E - Cancer , U. K .
9. Worldwide Hospice Palliative Care Alliance , U K .

We are happy to inform you that commissioning of Dilasa is expected to be very soon where in Palliative Care and Pain Management will be started.

Hopefully admission facilities at Dilasa will commence possibly in couple of months time.

We earnestly request the members of IMA and medical fraternity, our donors and well wishers to visit Dilasa site and convey your suggestions .

Kindly visit our website: www.imaponda.org

Information can be shared on E mail:

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With gratitude and warm regards ,

For ,

IMA Ponda Charitable Trust

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