

**INDIAN MEDICAL ASSOCIATION – PONDA BRANCH  
DR. DHAIMODKER'S OCCUPATIONAL HEALTH & RESEARCH CENTRE  
DR. VALLABH DHAIMODKER FOUNDATION**

---

Indian Medical Association Ponda Branch (IMA) and Dr. Dhaimodker's Occupational Health & Research Centre (DDOHRC) collaboration programs are conducted under the auspices of Dr. Vallabh Dhaimodker Foundation.

The programs are designed to train paramedics , industrial workers , First Responders, social organizations , NGOs and volunteers to get oriented in handling of medical emergencies by learning Basic First Aid, identify health risks , danger to life and understand the procedures of handling casualties during emergency and disaster situations .

The programs have two modules:

1. Basic First Aid awareness program .
2. Medical Emergencies Preparedness & Disaster Management.

Recommended Basic First Aid Certificate courses forms the foundation for Emergency Medicine. In Disaster situations handling of mass casualties is managed by understanding the concept of Triage .

It is important to know that every Disaster is an emergency but every emergency need not be a disaster. Hence training in disaster management can help in any emergency medical conditions.

The above program modules are designed to train the personnel from all fields at grass root levels to learn the techniques in a simplified way.

Basic First Aid awareness program and Medical Emergencies Preparedness & Disaster Management are designed for eight hours duration each. In due course participants can opt for various training and workshops to upgrade the knowledge.

Trainings are imparted by senior faculty members. Medium of instruction is English. However to simplify the syllabus lectures are also delivered in Hindi, Marathi and Konkani depending upon participants for the course.

Each Batch shall accommodate twenty to twenty four participants.

Program venues 1. IMA House, Kurtarkar Commercial Arcade, Sadar , Ponda

2. Dilasa lecture hall, IMA Ponda Charitable Trust , Farmagudi, Ponda

3. Dr.Dhaimodker's Occupational Health Centre, GIDC Qtrs , Verna.

**4. In house programs at factories or venues suggested by the agencies.**

**Enrolment:-**

1. Participation for Program shall be only with prior registration along with delegate fees.
2. Priority shall be given for group registration from companies / organisations.
3. Participants should provide all the details on the registration forms  
Name ; Residential and Company address ; Job profile ; Department , Declaration regarding Covid-19 status .

Whatsapp and/or Mobile ; E mail ID .

4. Photo Identity proof and reference from deputing company / agency .

**Correspondence details:**

Dr. Dhaimodker's Occupational Health and Research Centre , Near Satyanarayan Temple, Dhavalimal, Ponda Goa, 403,401.

Email : vdpl.dhaimodker@gmail. Website: www.dhaimodker.in

Whatsapp :- 7507272921 ; Mobile : 7507272921 ;

Contact persons : Anita / Kavita / Kanchan ➡ Phone : 0832-2314463 / 2312148 .

**Commercials :**

1. Basic First Aid awareness program :  
Course fees @ Rs 1,250 ( Rupees one thousand two hundred fifty only )

2. Medical Emergencies Preparedness & Disaster Management.  
Course fees @ Rs 1,800 (Rupees one thousand Eight hundred only)

Participants enrolled by IMA Ponda shall be considered concession in course fees as decided by collaborating team.

All payments in cash or cheque favoring “Dr. Dhaimodker's Occupational Health & Research Centre “to be paid in advance at the time of registration.

**Facilities to participants :-**

1. Delegate kit : Folder , writing pad, pen .
2. Refreshments – Morning Tea , Lunch , evening Tea .

3. Participate in workshop, discussions and allowed to share relevant information .
4. Certificate of participation by IMA & DDOHRC.

**Décor** :- 1. Maintain strict time décor .

2. Mobiles to be kept in silent or flight mode during the sessions.