

**INDIAN MEDICAL ASSOCIATION – PONDA BRANCH
DR. DHAIMODKER'S OCCUPATIONAL HEALTH & RESEARCH CENTRE
DR. VALLABH DHAIMODKER FOUNDATION**

BASIC FIRST AID AWARENESS PROGRAM

VENUE :- IMA HOUSE PONDA , Kurtarkar Commercial Arcade , Phase II , Sadar , Ponda Goa

Date :- Saturday 28th August 2021 : Time 9.00 AM to 5.00 PM

PROGRAM

TIME	TOPIC
9.00 AM	REGISTRATION
9.15 AM	Introduction To First Aid , Structure And Functions of Human Body
9.45 AM	Wounds & Bleeding
10.15AM	TEA BREAK
10.30 AM	Poisons, Snake, dog , insect bite . Diabetic coma
11.00 AM	Injuries to bones , joints & Muscles
11.45 AM	Spinal Injuries
12.30 PM	Injuries to Ear ,Nose Throat , Eye Injuries & Foreign bodies in eye Heat stroke
1.15 PM	LUNCH
2.00 PM	Cardiopulmonary Resuscitation - Demo Drowning and Chocking
3.00 PM	Dressings , Bandages, & slings
3.45 PM	TEA
4.00 PM	Transportation
4.45 PM	Participants' interaction and concluding remarks

- ❖ Delegates will have to maintain time décor.
- ❖ Mobiles are to be kept in silent mode or flight mode.

- ❖ Delegate must furnish complete information as mentioned in the registration form.
- ❖ Topics are likely to be reshuffled.
- ❖ Certificates of Participation shall be issued to each delegate (with 100 % attendance) .